Today we can choose to change our attitude. Attitude is our choice.

如今我们可以选择改变我们的态度。态度本身就是我们的选择。

Now imagine what this world would be like today, if no one ever gave up on their life's dream, always have the courage to hear what others say is impossible, and believe you will be the one to make it happen!

现在想象一下这个世界今天会是什么样子，如果没有人放弃他们的梦想，如果你在听到别人说不可能时，仍然有勇气相信自己可以实现这一切。

You don't have to feel confident to be confident, you just say I am confident, you don't say I feel confident, I don't feel confident, You say I am confident. Learn to like yourself, learn to spend time with yourself!

想要自信，你不一定要感到自信，直接用肯定的语气说“我是自信的”就可以，而不要说“我感觉自信或者不自信”。你要学会悦纳自己，学会花时间与自己相处！

Attitude is the librarian of our past, the speaker of our present and the prophet of our future. Our attitudes determine our success and happiness in life more than any, more than giftedness, more than opportunities or circumstances. Our attitudes affect our life.

态度是我们过去记忆的管理员，是我们现在的发言人，也是我们未来的预言家。相比其他因素，我们的态度更大程度地决定了我们在生活中的成功和幸福，它比天赋更重要，比机会和环境更重要。我们的态度影响着我们的生活。

When everything says it's not going to happen, instead of getting discouraged, you kick into a new gear. Normal people would give up, normal people would settle, but you're not normal. You want it on another level!

当所有的事情都都不尽如人意时，你没有泄气，而是重新整装出发。平常的人会放弃，会止步不前，但你非同寻常。在以后的生活中，你仍能够追求卓越！

1.**give up on their life's dream**

 放弃他们一生的梦想；

2.**have the courage to**

 有勇气去做；

3.**make it happen**

  实现梦想 ; 让它发生；

4.**spend time with yourself**

  花时间与自己相处；

5.**prophet**['prɒfɪt]

  先知；预言者；

6.**giftedness**

  天才；天赋；

7.**get discouraged**

  灰心丧气；

8.**kick into a new gear**

  重新出发；重新开始；

9.**settle**

  安定；停留；